

## Special K-12 Endorsement in **Physical Education**

**To receive an endorsement to teach Physical Education, a person *must*:**

1. Hold a bachelor's degree, **AND**
  - A. Have completed an approved program of preparation for teaching physical education in kindergarten through grade 12; **OR**
  - B. Forty-two semester credits which must include course work in ***each*** of the following:
    - I. Anatomical Kinesiology or Mechanical Kinesiology, or both
    - II. The Physiology of Exercise
    - III. Testing and measuring the skill and ability of a pupil in physical education
    - IV. The psychological or social aspects of physical education, or both
    - V. Motor learning or motor development
    - VI. Adapted physical education
    - VII. Movement activities for pupils in preschool and primary grades
    - VIII. Movement activities for pupils in intermediate grades
    - IX. Advanced first aid or an equivalent course of study
    - X. Methods and techniques of teaching in each of the following areas
      - a. Physical fitness
      - b. Team sports
      - c. Rhythms and dance or rhythmic activities for pupils in elementary school; and
      - d. Individual sports; **AND**
  - C. Twenty-two semester credits in professional education to include:
    - I. Foundations of Education
    - II. Methods of teaching Physical Education in elementary **AND** secondary grades; **AND**
    - III. Eight semester credits of student teaching in a composite program which must be split between elementary and secondary grade levels. All 8 credits of student teaching could be completed at the middle school or junior high school level (6-8) and meet the K-12 requirement.

**NOTE: If your student teaching was at the elementary level only or at the secondary grade level only, you will not qualify for the K-12 PE endorsement; however, you might qualify for the K-8 PE endorsement.**

